

Bio Sensor Program:

This program was developed by the U.S. Military to improve the performance of their dogs, the

program was found to have the following benefits:

- + Improved cardiovascular performance (heart rate)
- + Stronger heart beats
- + Stronger adrenal glands
- + More tolerance to stress and
- + Greater resistance to disease

It involves the following and are performed from the 3rd day of the puppies life through the

16th day:

Tactile stimulation - holding the pup in one hand, the handler gently stimulates (tickles) the

pup between the toes on any one foot using a Q-tip. It is not necessary to see that the pup is

feeling the tickle. Time of stimulation 3 - 5 seconds.

Head held erect - using both hands, the pup is held perpendicular to the ground, (straight up),

so that its head is directly above its tail. This is an upwards position. Time of stimulation 3 - 5

seconds

Head pointed down - holding the pup firmly with both hands the head is reversed and is

pointed downward so that it is pointing towards the ground. Time of stimulation 3 - 5 seconds

Supine position - hold the pup so that its back is resting in the palm of both hands with its

muzzle facing the ceiling. The pup while on its back is allowed to sleep struggle. Time of stimulation 3-5 seconds.

Thermal stimulation - use a damp towel that has been cooled in a refrigerator for at least five

minutes. Place the pup on the towel, feet down. Do not restrain it from moving. Time of stimulation 3-5 seconds.